

## Sexuality Questionnaire

### FEMALE SEXUALITY QUESTIONNAIRE A

1. Please read the instructions carefully before beginning
2. In answering the questionnaire, refer to your most recent relationship in which you lived with a partner for at least six months.
3. If this does not apply, refer to the most recent intimate relationship you have had.
4. Do not jump from relationship to relationship, but answer each question in reference to the same relationship.
5. Answer questions candidly, and in a way that you respond most of the time in that intimate relationship. Please take your time and answer these questions carefully.
6. If you feel a certain question does not apply, answer as best as you can.
7. Please leave no question unanswered.

		Yes	No
1	Answer yes if your parent(s) had any one or more of the traits listed.		
	If you were raised by both parents (up to age 15 or 16), was your father more outward and demonstrative in showing affection for you than your mother (by hugging, verbalizing feelings, compliments etc.)?		
	If you were raised by your father only, was he outward and demonstrative in showing affection for you?		
	If you were raised by your mother only, was she outward and demonstrative in showing affection for you?		
2	Does “b” more closely describe what you usually feel at the culmination of the sex act than ‘a’?		
A	A sudden end to all pleasurable feelings (stimulation may turn to an irritation or ticklish frustration) and a feeling of wanting to back off and stop the sex act momentarily or completely.		
B	A physical and emotional release with contractions, spasmodic shivering, body warmth, moisture, and capabilities of multiple releases.		
3	If your partner breaks off a relationship that you don’t want to end, do you find that all your energies and thoughts keep drifting back to him, and that you are unable to concentrate on anything else?		
4	Immediately following the sex act, do you enjoy being physically close, touched and caressed by your partner?		
5	During an argument, do you tend to throw back at your partner things he has said in the past that hurt you?		
6	After a disagreement with your partner, do you usually make up first?		
7	Are you more jealous or possessive of your partner than he is of you?		



8	Do you often desire repeated or prolonged intercourse when having sex with your partner?		
9	Is it important to you to have your partner show you attention in public by opening doors, helping you with your coat, pulling out your chair before you sit down, etc.?		
10	During intercourse, do you verbally express the different emotional feelings you experience within you?		
11	If rejected by your partner, are you capable of expressing extreme anger, tantrums, or physical violence?		
12	Do you enjoy buying gifts for your partner?		
13	Do you have a tendency to walk and stand with your feet pointed more outward than inward?		
14	Are you still willing to have sex with your partner even after arguments, rejections, or periods of neglect?		
15	Do you enjoy receiving outward affection and flattery from your partner?		
16	Does your sex drive seem to be stronger than your partner's?		
17	Do you feel that you are better able to express intimate feelings and attitudes than your partner?		
18	Do you feel that you put more energy into making your relationship work than your partner does?		
19	Do you agree with your partner at times to prevent him from turning off sexually, even when you know he is wrong?		
20	Do you feel that one of the ultimate fulfillments of womanhood is to have your own children?		



## Sexuality Questionnaire

### FEMALE SEXUALITY QUESTIONNAIRE B

		Yes	No
1	Answer yes if your parent(s) had any one or more of the traits listed.		
	If you were raised by both parents (up to age 15 or 16), was your father more passive and undemonstrative in showing affection for you than your mother (by hugging, verbalizing feelings, compliments etc.)?		
	If you were raised by your father only, was he undemonstrative, passive, cold, withdrawn, or overly strict?		
	If you were raised by your mother only, was she undemonstrative, passive, cold, withdrawn, or overly strict?		
2	Does “a” more closely describe what you usually feel at the culmination of the sex act than “b”?		
A	A sudden end to all pleasurable feelings (stimulation may turn to an irritation or ticklish frustration) and a feeling of wanting to back off and stop the sex act momentarily or completely.		
B	A physical and emotional release with contractions, spasmodic shivering, body warmth, moisture, and capabilities of multiple releases.		
3	Would you feel satisfied sexually if your partner reaches climax or orgasm even if you did not?		
4	Would you prefer to avoid the use of verbal voyeurism (talking about or hearing the sex act described) during the sex act?		
5	Do you find that as the newness of a relationship wears off, your sex drive towards your partner diminishes?		
6	Would you rather stay at home than go out alone and seek contact with strangers?		
7	Is the expectation of sex often greater than the actual physical act?		
8	Do you have the attitude that you would never have sex if you felt the same way before the sex act that you feel five minutes after?		
9	Would you rather avoid verbally expressing love, tenderness, and affection immediately following intercourse?		
10	Do you turn off sexually during heavy kissing or heavy handling?		
11	Do your hands and feet usually feel colder than the rest of your body?		
12	Does prolonged or repeated intercourse turn you off?		
13	Are you constantly searching outside your relationship for the “romance” you feel is missing in your life?		
14	Does your partner desire sex more often than you do?		



15	Do you turn off during sex if distracted by small talk or by something that you feel criticizes you?		
16	Do you feel embarrassed or self-conscious if your partner touches or handles you a great deal in public?		
17	Do you have a tendency to walk and stand with your feet toed inward rather than outward?		
18	Would you avoid or refuse to have sex with your partner after an argument?		
19	Instead of complimenting your partner, do you usually take the attitude that as long as you don't complain everything is OK?		
20	Do you make excuses to avoid sex with your partner at times?		

